



Summer's End: Paddle Battle SUP Race Individual Competition and SUP-Squatch Team Race 2023 Rules & Event Guidelines

Competitor Rules:

1. **Safety** – The safety of the participants, spectators, staff, and competitions is the number one priority and should be treated as such for all races.
 - a. **SUP Race:** It is mandatory all competitors wear a leash and have a PFD on the vessel in all races. Ages 15 and under the PFD must be on the person.
 - b. **SUP-Squatch Race:** All ages and team members must wear a PFD.
2. **Competition** - Competitors must be standing while paddling once a race has started until crossing over the finish line.
3. **Drafting: Share the Work** – Competitors should work together, alternating who's pulling the draft train at a time or distance interval agreed to pre-race or once the train forms.
 - a. What's not cool? *Falling into a draft train and never taking the lead, working spot.*
 - b. What's even less cool? *Letting others work the whole time then passing them at the finish.*
4. **Bumping** – DO NOT bump the board ahead of you or push other boards with paddles. This has consequences for the paddler and their equipment.
5. **Pre-Race Safety Meeting** – All competitors must attend the pre-race competitor meeting held day-of the event at approximately 11:45 a.m. and subject to change
6. **Conduct** - It is the competitor's responsibility to act in a sportsman like fashion, avoid collisions at all times and obey the rules and safety guidelines.
 - a. Overly aggressive contact and/or un-sportsmen like conduct will not be tolerated and will result in disqualification as the sole discretion of event organizers. Examples include but are not limited to:
 - i. Purposely obstructing or interfering with another competitor.
 - ii. Causing damage or bodily harm to another competitor.
 - iii. Use of profane language toward any persons or competitor.

Event Guidelines:

SUP Race Individual Competition

1. Race begins at approximately 12:00 p.m. and ends at approximately 1:30 p.m. These times are subject to change based on registration, weather etc.
2. Registration:
 - a. Pre-register online at [Active.com](https://www.active.com) until 8am on Sunday, September 3rd.
 - b. Walk-up registration as space allows the day of is available between 10:30 and 11:30 a.m.

3. Categories for Adult SUP Competition
 - a. Inflatable – 14 ft. in length and under; participants use their own board.
 - b. Hard Board – 14 ft. in length and under; participants use their own board.
 - c. Three (3) laps around the course.
 - d. If you don't have a SUP board and want to compete, you can rent from [SUP CO](#) directly for a discounted rate of \$20.

4. Age Requirements:
 - a. Adults 15 years of age and older.
 - b. Kid's age requirements 14 years of age or younger.

5. Adult Race:
 - a. Three (3) laps in length taking between 35-45 minutes to complete.
 - b. Registration fee is \$15 per person.
 - c. Cash prizes for each category as outlined below in Section 7.

6. Kid's Race:
 - a. Both Inflatable and Hard Boards participate in the same race.
 - b. One (1) lap around the same course as adults.
 - c. No registration fees.
 - d. Prizes awarded by age group:
 - i. Ages 14 to 12
 - ii. Ages 11 and under
 - iii. Prizes for 1st, 2nd, and 3rd place only, no prizes for participation

7. Registration Fees and Cash for Grabs (a.k.a. Purse)
 - a. Registration fee is \$15 for all adult competitors
 - b. Purse
 - i. 1st place = \$250 for each category
 - ii. 2nd place = \$150 for each category
 - iii. 3rd place = \$75 for each category
 - iv. Prizes for 1st, 2nd and 3rd place only, no prizes for participation

8. Starting and Finishing Procedures
 - a. Starting Sequence- The start of the race shall provide a start timing sequence announced at the paddlers meeting that gives the paddlers a 3-minute and 1-minute warning before the mass water start.
 - b. Water Start & Finish - Form a straight line between two points, timing personnel on SUP boards.

SUP-Squatch Team Race

1. Race begins at approximately 1:45 p.m. and ends at approximately 3:00 p.m. These times are subject to change based on registrations, weather etc.

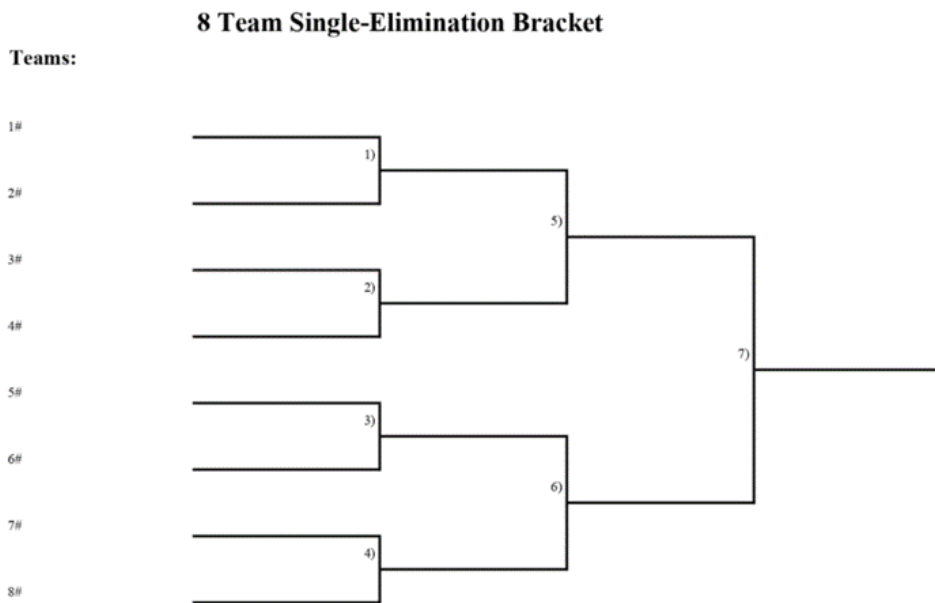
2. Registration:
 - c. Pre-register online at [Active.com](#) 8am on Sunday, September 3rd.
 - a. Walk-up registration the day of is available between 10:30 a.m. and 1:00 p.m.

3. Teams of Eight (8) Categories
 - a. Open to eight (8) teams consisting of up to eight (8) individuals.
 - b. Space is limited and available on a first come-first serve basis.

4. Age Requirements:
 - a. No age requirements.

5. Registration Fees and **Bragging Rights**
 - a. \$5 registration fee per individual; \$40 maximum for a team of eight (8)
 - b. Exhibition only (a.k.a. FUN)
 - c. Winning team gets to brag all year long!

6. Race Type
 - a. Out & Back Course will be set up to head either into the wind or downwind and then back in the opposite direction. Buoy #4 is turnaround location.
 - b. Bracket-style team eliminations:
 - i. 1st Race = Team 1 & Team 2 race
 - ii. 2nd Race = Team 3 & Team 4 race
 - iii. 3rd Race = Team 5 & Team 6 race
 - iv. 4th Race = Team 7 & Team 8 race
 - v. 5th Race = Winners for first race and second race
 - vi. 6th Race = Winners from third and fourth race
 - vii. 7th Race = Winners from fifth and sixth race



7. Starting and Finishing Procedures
 - a. Starting Sequence- The start of the race shall provide a start timing sequence announced at the paddlers meeting that would give the teams a 3-minute and 1-minute warning before the mass water start.
 - b. Beach Start & Finish - Form a straight line identified by physical markers at the beach as well as timing personnel.

*****SUP Water Polo - More Family Fun at the SUP Water Polo Field!*****

Available on Sunday, Sept. 3rd

To play check in with [SUP CO](#) on-site at Nottingham Lake.

Summer's End Competition Courses

**Subject to change

